

Programs Offering Parenting Support / Crisis Intervention for Families in Fort Bend County

Fort Bend County is home to many local resources, supports and organizations that offer parenting support or crisis intervention for families in distress. To name a few:

- Fort Bend TBRI Collaborative offers Trust-Based Relational Intervention (TBRI) Caregiver Training to community members. TBRI is a trauma-informed, attachment-based approach designed to help caregivers of children who have experienced trauma meet their complex needs, equipping them with tools to build trust, empower children and foster healthy relationships.
 - <https://www.tbrifortbend.org>
- Fort Bend County Crisis Intervention Team (CIT): A specialized team within the sheriff's office trained to respond to individuals experiencing mental health crises, connecting them to appropriate services.
 - <https://www.fortbendcountytexas.gov/government/departments/sheriff-s-office/chief-deputy/crisis-intervention-team-cit>
- Fort Bend Behavioral Health Services offers programs to increase awareness, services, and supports to address the complex needs of persons with behavioral health disorders involved with the legal system or at risk of involvement.
 - <https://www.fortbendcountytexas.gov/government/departments/behavioral-health-services>
- Texana Center – Mental Health Crisis Services: Provides 24/7 mental health crisis services, including assessments and follow-up care.
 - <https://www.texanacenter.com/>
- Fort Bend Women's Center: Offers a 24-hour crisis hotline for individuals experiencing domestic violence or sexual assault, providing shelter, counseling, and legal advocacy.
 - <https://www.fbwc.org/>
- Parent Project (Fort Bend Juvenile Probation Department): A program for parents dealing with challenging adolescent behavior, offering education and crisis intervention strategies.
 - <https://www.fortbendcountytexas.gov/government/departments/>

[juvenile-probation/special-programs/parent-project](#)

- Therapists and Counselors: Local therapists or family counselors can offer both individual and family therapy to address specific challenges like communication issues, trauma, or mental health concerns. Sliding-scale payment options may be available for families in need.
- Child Protective Services (CPS): If a family is in immediate danger or experiencing neglect or abuse, CPS provides intervention and can connect families with local support services, including parenting education and support groups.
 - https://www.dfps.texas.gov/child_protection/
- United Way: Dial 2-1-1 to locate local resources specific to your area.
 - <https://unitedwayhouston.org>
- YMCA offers programs like parenting support, family counseling, and youth programs in many communities.
 - <https://ymcahouston.org>
- Big Brothers Big Sisters provides mentorship and support for children and families facing challenges.
 - <https://www.bbbs.org>
- Faith-Based Organizations: Many churches, synagogues, mosques, and other religious organizations offer community programs for families in crisis, including parenting support groups, food assistance, and even emergency financial help. These programs may also provide counseling or referrals to local mental health professionals.
- School-Based Programs: Some schools offer support services for families in distress. School social workers can provide counseling, parenting workshops, and referrals to community resources. Additionally, some schools partner with local agencies to offer after-school programs, tutoring, and support for families in crisis.